

# Health and well-being

## *PYP Teacher Support Material*

### Scope of requirements

Does your school have any interesting examples of practice, policies, anecdotes or initiatives relating to health and well-being of stakeholders?

We are particularly interested in examples of how schools ensure health and well-being for their community. Please submit your examples and ideas which might include:

- School policies
- Health initiatives
- Mindfulness and mental health initiatives

### Submission criteria

Your submission will be reviewed against the following criteria (if applicable):

- promotes student/teacher engagement
- promotes inquiry-based learning
- linked to aspects of the learner profile
- encourages student creativity and agency
- demonstrates inclusive approach to education
- when possible, can be linked to a unit of inquiry and the central idea
- when possible, authentic use of digital technology

### Check list to ensure a complete submission

- Submission of Teacher Support Material in one of the compatible formats: Microsoft Word (.doc, .docx), Rich Text Format (.rtf), TIF, JPG, PNG, GIF (images should have a resolution of 72 dpi).
- Please reference in your materials if you are using non IB sources to inform your support material. As the IB does not have permission to use third party material, we might have to amend your material slightly to reflect this.
- Completed and signed **Submission Pack** that includes the following:
  - Submission form
  - Copyright license request form
  - Image and Personal Data Consent Form (Minor)  
*In the case of minors appearing in pictures, complete one form per minor*
  - Image and Personal Data Consent Form (Adult)  
*In the case of adults appearing in pictures, complete one form per adult*

**Deadline for submission: 21 April 2017**

Please e-mail your submission (including completed and signed submission pack) and mentioning in the subject line: TSM Phase 2: [pyp.curriculum@ibo.org](mailto:pyp.curriculum@ibo.org)